



The Essential NHS Continuing Healthcare (CHC) Assessment Preparation Checklist

**Prepare with confidence before your Checklist or Decision
Support Tool (DST) assessment.**

FREE GUIDE

Before You Start

Being prepared can make all the difference. Use this checklist to gather evidence before your CHC assessment.

Documentation Checklist

- Latest care plan
- MAR chart
- GP summary
- Hospital letters
- Care records
- Behaviour charts
- Falls records
- Weight charts
- Food & fluid charts
- Therapy reports

Evidence Checklist

- Intensity
- Complexity
- Unpredictability
- Frequent interventions
- Deterioration
- Risks if care is not provided

Questions to Ask

- Why was this level chosen?
- What evidence supports it?
- Has all evidence been considered?
- Can I receive a copy of the DST?

Common Mistakes

- ✗ Focusing on diagnosis instead of care needs
- ✗ Underestimating support
- ✗ Forgetting night care
- ✗ Attending without reading records

Need More Help?

The Complete Guide to NHS Continuing Healthcare (CHC) explains every DST domain, evidence gathering, appeals and much more.



Scan to buy the full guide

<https://carentis.co.uk/product/complete-guide-to-nhs-continuing-healthcare-chc/>

